

SIGOURNEY CHIROPRACTIC AND WELLNESS

DR. KODEY SALOW

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Patient Health Questionnaire

Name: _____

Date: _____

When and How did your symptoms start? _____

How much of the day do you experience your symptoms?

Mark where you feel your symptoms:

0%-25% / 26%-50% / 51%-75% / 76%-100%

Describe your symptoms:

Sharp / Dull / Ache / Numb / Shooting / Burning / Tingling

Are your symptoms...

Getting better / Not Changing / Getting Worse

Rate your symptoms

Best/Lowest (1-10) _____

Worst/Highest (1-10) _____

How do your symptoms affect your daily activity? (1-10)

What decreases your symptoms? _____

What increases your symptoms? _____

Who have you seen for your symptoms? Medical Doctor / Physical Therapist / Chiropractor / Other

Other Previous Treatment or Tests: X-Ray / CT Scan / MRI / Other

Have you experienced this before? Yes / No What helped before? _____

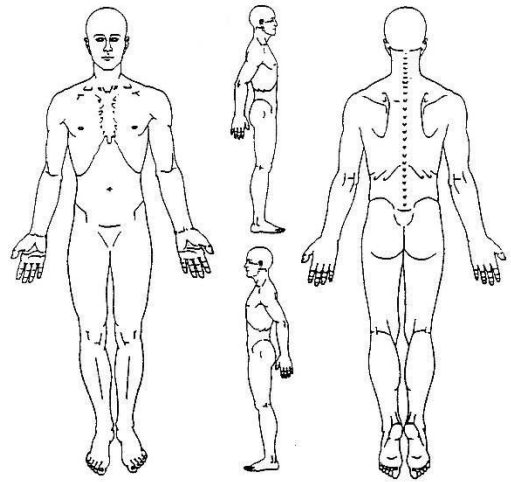
What is your Job/Profession? _____

What are your Goals for Care? _____

Medications you are taking: _____

Allergies: _____

Surgeries/Major Medical Procedures/Hospitalizations (with dates): _____



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Family History of (circle all that apply): Rheumatoid Arthritis/Heart Problems/Diabetes/Cancer/ Lupus

Office Use Only:

Height: _____ Weight: _____ BP: _____ Pulse: _____

Have you experienced any of the following in the Past or Present (Circle all that apply):

- | | | |
|--------------------------|---------------------------|-----------------------------|
| Headaches | Dizziness | Hepatitis |
| Neck Pain | Cancer | Liver/Gall Bladder Disorder |
| Upper Back Pain | Tumor | Asthma |
| Mid Back Pain | High Blood Pressure | Chronic Sinusitis |
| Low Back Pain | Heart Attack | Diabetes |
| Shoulder Pain | Chest Pains | Excessive Thirst |
| Elbow/Upper Arm Pain | Stroke | Frequent Urination |
| Wrist Pain | Angina | Drug/Alcohol Dependence |
| Hand Pain | Kidney Stones | Depression |
| Hip/Upper Leg Pain | Kidney Disorders | Systemic Lupus |
| Knee/Lower Leg Pain | Bladder Infection | Epilepsy |
| Ankle/Foot Pain | Painful Urination | Dermatitis/Eczema/Rash |
| Jaw Pain | Loss of Bladder Control | HIV/AIDS |
| Joint Swelling/Stiffness | Prostate Problems | |
| Arthritis | Abnormal Weight Gain/Loss | <i>Females Only</i> |
| Rheumatoid Arthritis | Loss of Appetite | Birth Control Pills |
| General Fatigue | Abdominal Pain | Hormonal Replacement |
| Muscular Incoordination | Ulcer | Pregnancy |
| Visual Disturbances | | |

Please describe any details for items marked above: _____

Doctor Notes: _____

Patient Signature: _____ Date: _____

Doctor Signature: _____ Date: _____